

## **CHALAZION POST-OPERATIVE CARE**

### **What to expect after chalazion drainage:**

- It is normal for the eye to feel scratchy or irritated like an eyelash is in it. Severe pain is not normal. If you have severe pain, please call our office.
- It is normal for the vision to be a little blurry for a few days. This should get better each day over the course of 1 week. If your vision is worsening, please call our office.
- It is normal to have bloody tears the first day.
- It is normal to have bruising or swelling for up to 2 weeks after this procedure.
- Sometimes the chalazion completely resolves just a few days after drainage. More commonly, it can take up to a month for the bump and redness to completely resolve. This is because chalazion drainage removes the built-up oils in the clogged gland, but it still takes time for the inflammation to go away. This is similar to popping a big pimple: Even after the pimple drains, there is often still a bump and some redness for the weeks ahead.

### **Instructions:**

1. Please leave the patch on until dinner time. The patch should feel firm, but not painful. If you are able to open your eye under the patch or have a scratching sensation, you need to take it off to avoid scratching the eye. It is normal to see ointment and blood on the patch when you remove it.
2. Apply a gentle cloth covered ice pack to the eyelid for 20 minutes at least 4 times a day for the first two days. Do not put ice directly on your skin.
3. Use the antibiotic eye drops or antibiotic ointment as prescribed.
4. You may take Tylenol or ibuprofen as instructed to on the bottle for discomfort.
5. You may use your eye to read, watch TV, use the computer, or any other visual tasks. This will not hurt your eyes.
6. No driving if you are in pain or if your vision is blurry.
7. Avoid wearing makeup on your eyelid for 1 week.

*There are NO activity restrictions after a chalazion excision. You may return to work, school and all activities.*

### **Call the Aesthetic Center for any questions or problems:**

**During office hours (8am-5pm Monday – Thursday, 8am – 3:30pm Friday)  
804-287-4229**

**After hours and weekends:  
804-287-4200  
(Ask to speak with the doctor on call)**