

*HOW TO PREPARE FOR FILLER INJECTIONS*

One week prior:

* Avoid blood thinning over-the-counter medications such as aspirin, ibuprofen (Motrin), Naproxen (Aleve), and Aspirin. If Aspirin was prescribed by a provider, please ask your prescriber if it may be stopped prior to discontinuation.
* Avoid supplements, including St. John’s Wort, Gingko biloba, primrose oil, garlic, ginseng, turmeric, and Vitamin E.

Two days prior:

* Avoid waxing, bleaching, tweezing, or using hair removal cream on the area to be treated.
* Do not drink alcohol beverages.
* Injectables like Sculptra can trigger a cold sore breakout in patients who are prone to cold sores. Please let your provider know if you have a history of cold sores as an antiviral medication can be prescribed.

Day of your visit:

* Please arrive with your face free of makeup and lotions